

IW Junior Ice Hockey Club

6-Session Introductory Programme



IW Junior Ice Hockey Club
 c/o Planet Ice
 Ryde Arena
 Ryde, IW

Contact: Sue Herbert
 Tel: 07739 864351
 www.iwjhc.org.uk

Dear Parent or Guardian

Congratulations, your child has been recommended by our coaches to attend our 6-Session Introductory Ice Hockey Programme, following their regular attendance at "Power Hour". This special training session is provided by the Club, at no cost to you and takes place once a week on a _____ day from _____ pm to _____ pm. Your child MUST be kitted-up (see next page) and ready to go on the ice at 6.15pm sharp. The programme will last up to six sessions and at the end of this your child will normally be invited to join the Club and will then be able to train with our other players at normal training sessions on a regular basis and eventually may be able to represent the Island by playing against mainland teams in both home and away games. Details of these and the associated costs will be provided later.

Please complete all the details below so that your child will be covered by the EIHA (English Ice Hockey Association) Group Insurance Cover during these sessions:

Child and Contact Details	
Players Full Name: (Block Caps)	
Date of Birth: (dd/mm/yyyy)	
Gender: (cross out)	MALE / FEMALE
Home Address:	
Postcode:	
Parent / Guardian Name: (Block Caps)	
Home Phone Number:	
Mobile Phone Number:	

It is compulsory for all players to wear the following kit for their own personal protection during ice hockey training as it is a "contact" sport. All of the kit listed below will be required before your son or daughter is able to participate in this programme.

Item of Kit	Size	Own Kit	Required	Loan Kit	Date Returned
Helmet & Cage					
Neck Guard					
Shoulder Pads					
Elbow Pads					
Gloves					
Protective Box					
Shorts					
Braces					
Suspenders					
Knee Pads					
Training Shirt					
Hockey Socks					
Hockey Skates					

The Club does have a small amount of "Loan" kit available but this is limited both in amount and certain sizes. A lot of existing Club members have used kit available at very reasonable prices so it pays to get hold of some second-hand kit before you start forking out money on kit that you may not use if your child decides that hockey is not for them (highly unusual!). Once you are hooked it pays to upgrade your kit with new or good second-hand, as you can afford to do so.

In addition to the above you will need to obtain some "Sweats" to minimise chafing and absorb sweat. As these are a personal item we suggest that you either buy these new from the shop at the rink or you can use poly cotton pyjamas, thermals or sports type "Coolmax" or "Dri-fit" undergarments. Please ask for further information.

Finally, we need your consent for your child to take part in the programme. Please read the following carefully and then sign and return one of the copies and keep one for yourself:

"I consent that the child named on page one may take part in the IWJHC 6-Session Introductory programme as advised. I understand that he / she will be covered by the EIIA Insurance Policy whilst participating. I also understand that he / she MUST wear the full kit listed above at all times whilst on the ice or the bench and must listen to and follow ALL instructions given by the coach in charge of the session. I agree to be present at all times during the session or, if I am unable to, agree that I will nominate another person to be present."

Signed: _____ (Parent / Guardian) Date: ____ / ____ / 2009